

T.H.E Second Company was born in 2008, with an interest in identifying and mentoring aspiring dancers to reach a professional standard of contemporary dance. Today, T.H.E Second Company has expanded its reach to members of the public who display a high aptitude for dance, including serious dance hobbyists and aspiring choreographers.

Unique to the company is its stringent technique training programme — one that is seldom available to individuals outside of a professional dance company. Members are taught by T.H.E's core artistic team and guest teachers to ground them with a sound level of physical aptitude to tackle the demands of contemporary dance. Members also receive critical professional feedback on their performances and choreographic creations.

The rigorous yet open nature of T.H.E Second Company's training empowers individuals to develop their artistic practice alongside their educational, work and personal commitments. Equally significant are the myriad opportunities for exposure and performance, encouraging members to make the most of their training and to aim for higher artistic excellence.

Various members of T.H.E Second Company have performed at the cont-act Contemporary Dance Festival; liTHE (previously known as Emerging Choreographers), an annual in-house showcase; high-profile commissions such as *Singapore: Inside Out*, the SG50 celebrations, and the Singapore Chinese Cultural Centre's inaugural Cultural Extravaganza 2017; as well as on overseas tours with T.H.E Dance Company.