

### **About T.H.E Dance Company**

Described as a dance company 'at the top of its game', The Human Expression Dance Company (T.H.E), along with our semi-professional training arm, T.H.E Second Company, are names synonymous with ground breaking contemporary dance of the highest quality and artistry. Founded in 2008 by Artistic Director Kuik Swee Boon with 6 members, T.H.E has become a household name in Singapore and the region, having commissioned and performed at most major local arts festivals (Singapore Arts Festival, Esplanade da:ns festival, Huayi – Chinese Festival of Arts, to name a few) and in prestigious international festivals such as Les Hivernales Festival in Avignon, France; Oriente Occidente Festival in Rovereto, Italy; SIDance Festival and Seoul Performing Arts Festival in South Korea; Beijing and Guangdong Dance Festival in China; Yokohama Dance Collection at TPAM and Niigata International Dance Festival in Japan; Auckland Arts Festival (New Creation Commission) 2016 in New Zealand; amongst others.

Driven by a desire to create an inspired and nurturing platform for local and regional dance artists, we initiated the very first annual Singapore contemporary dance festival CONTACT in 2010. Testament to its quality offerings and indelible impact, long-time Company platinum sponsor M1 Limited came onboard as the festival's Title Sponsor starting 2014.

With our unique brand of highly physical and kinetic works, T.H.E digs deep into the universal human experience. At the heart of our works lies a connection with heritage and collective history as Singaporeans, juxtaposed with incisive, insightful observations on modern society: elements that set apart our repertoire of original creations. A continual pursuit of authentic expression led Kuik to initiate the "hollow body" methodology. The practice aims to nurture our dancers as all-rounded performers able to convey the essence of their identity and lived experiences through the full spectrum of physical, emotional, philosophical and meaningful expression.

T.H.E Dance Company is supported by the National Arts Council under the Major Company Scheme for the period from 1 April 2017 to 31 March 2020.

### **舞人舞团**

一个被形容为“处于巅峰”的舞团，舞人舞团与其半专业的培训分团“舞人二团”，代表着艺术和品质兼具的开创性现代舞团。2008年由艺术总监郭瑞文和六位成员创办，舞团已成长为我国和本区域家喻户晓的艺术团，是国内外各主要艺术节的委托和表演常客，如新加坡艺术节、滨海艺术中心常年舞蹈节和华艺术节、法国阿维尼翁之冬艺术节、意大利 Oriente Occidente 舞蹈节，韩国国际表演艺术节和首尔国际舞蹈节、中国北京和广东舞蹈节，日本横滨舞集和新潟国际舞蹈节，新西兰奥克兰艺术节 2016 年委托等。

秉持着为本地与区域创造一个既启发又能栽培舞者的平台，舞团在 2010 年创办新加坡首届当代舞蹈节“触”。舞蹈节的高质量吸引了舞团的长期赞助商“第一通 (M1)”自 2014 年起成为主要的冠名商。

舞人的作品高度要求肢体和动律，作品中心常以新加坡的文化遗产、历史的集体认知或当代特殊生活体验为本；因为深入探讨具有启发性的生命议题而变得独特。在舞团的发展过程中，郭瑞文的“空”身心意念训练法，成功引导舞者在实践中把身体、个性、情感、思想、生命经验与角色融合；表演者不止是一个和角色之间的活体媒介，而是一个活生生的在我们面前展露内心的人。

舞人舞团获国家艺术理事会主要拨款赞助（2017 年 4 月 1 日至 2020 年 3 月 31 日）。